

Today's Dialogue

Chuck: Hey Anna. How are you doing?

Anna: Hi there! I'm a little tired. How about you?

Chuck: I'm pretty good, thank you. Why are you tired?

Anna: Well, it's hot today. I feel thirsty.

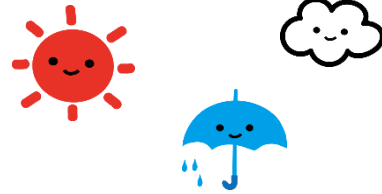
Chuck: You're right. It's pretty hot today. I like cold weather better.

Anna: Me too. What's the weather going to be like tomorrow?

Chuck: It's going to be hotter than today.

Anna: Oh no! I will wear cooler clothes then.

Chuck: Good idea. I will bring a sun umbrella. Remember to drink plenty of water when the weather is hot!



カルチャット

Chuck: Hey Anna, do you remember Daylight Saving Time?

Anna: Oh yes, it's when we change the time forward or backward one hour in America, right?

Chuck: That's right. In America, we change the time by one hour and it's called Daylight Saving Time.

Anna: When does it happen?

Chuck: We do it once in spring, and once more in fall. In spring we set our clocks forward one hour, and in fall we set it back one hour. This year the first change already happened in March. The next change will happen in November.

Anna: Wow! I always found it hard to wake up after the change in spring, because we lose one hour of sleep.

Chuck: Me too. But in fall when we set the clocks back one hour, we lose one hour of sunlight, so it gets dark really early!

Anna: It's really tough sometimes, isn't it?

Chuck: Yes. Do you know why we practice Daylight Saving Time in America?

Anna: Hmm, I've heard that we do it to save electricity. What do you think?

Chuck: I've heard it was used in older times to extend the daylight in spring for farming.

Anna: Oh that's very interesting! Hey Chuck, do you prefer having Daylight Saving Time or do you like it more without like in Japan?

Chuck: I like it in Japan where it's much more simple.

Anna: I agree. I wonder how people in Japan would feel about Daylight Saving Time. For our listeners, if you think you'd like to experience Daylight Saving Time please send us an email!



Daylight Saving Time 日本ではサマータイムと言った方が伝わるかもしれません。実は、日本でもサマータイムを実施していたのはご存じですか？戦後にGHQの指示で実施され、4年で廃止されました。また、東京オリンピック・パラリンピックを見据え、サマータイムを導入するかどうかを検討した時期もありましたね。メリット・デメリットそれぞれありそうですが、みなさんはこのサマータイムどのようにお考えですか？ぜひぜひご意見お寄せください。