

カルチャットコーナー

Babasan: So, Anthony and Ronan, you have been ALTs in Nobeoka for about nine months now. How is it?

Ronan: I like it. All of the teachers and students I work with are kind. It's fun to talk with the kids about anime or hobbies.

Anthony: I like it too. I especially enjoy playing with kids after lunch.

Babasan: That's great. Do you like Kyushoku?

Anthony: Yes, it's delicious and healthy.

Ronan: It's nice to eat in the classroom and chat with the kids. It's really different from school lunch in America.

Babasan: Oh really? What is school lunch in America like?

Anthony: Mmm, well in America we don't eat in the classroom. Everyone eats in a big lunchroom called a cafeteria.

Ronan: Students can eat with friends from different classes, and even different grades.

Babasan: Wow... but if everyone eats together, who serves the lunch?

Ronan: There are special staff in the cafeteria who cook and serve the lunch. Usually they are women so we call them "lunch ladies".

Babasan: That is different.

Anthony: The school lunch menu is also different in America.

Babasan: Oh really? In Japan we eat things like white stew, or chicken karaage, or curry. We eat it with rice or bread and a salad. What do you eat in America?

Anthony: In America, we often eat things like pizza, chicken nuggets or nachos. On the side we have canned fruit and sometimes salads. We don't have rice, but sometimes we have bread rolls.

Babasan: Do you drink milk?

Anthony: Yeah, there are three kinds of milk: regular, chocolate, and strawberry. Chocolate and strawberry milk are the most popular.

Babasan: Wow, that's interesting! Do some students bring their own lunch, like obento?

Ronan: Most students eat the school lunch, but some students bring their own lunch from home. My mother said the school lunch wasn't healthy, so I always brought my own lunch.

Anthony: Yeah, Japanese school lunch is way healthier than American school lunch, and tastier too!

Babasan: Oh, I'm glad you like it so much! Thanks for telling us about school lunch in America.



今回はアメリカの学校給食について話をしてもらいましたよ♪
アメリカではカフェテリアで給食を食べることが一般的で、ランチレディと呼ばれる方たちが働いているそうです。また、自分でお弁当を持っていくこともできるようです。メニューはピザやチキンナゲット、ナチョス、缶詰のフルーツなどが定番のようで、日本とは違いますね。
また、普通の牛乳に加え、チョコレート味やいちご味の牛乳などもあり、人気があるということです。おいしそうですね♪
日本の給食はアメリカのものよりも健康的でおいしいそうですよ♡
みなさんの好きな給食は何ですか？ぜひメッセージをお寄せくださいね！